# **SHOW-ME ECHO**

# IMPACT ASTHMA ECHO



### HELP KIDS BREATHE EASIER WITH EXPERT ASTHMA COLLABORATION

Get expert support for your asthma patients in a virtual learning network with asthma specialists from across the state.

Learn about best practices for:

- Diagnosing and managing asthma
- Identifying environmental risks
- Step-wise pharmacotherapy
- Asthma self-management

INTERDISCIPLINARY PANEL INCLUDES PEDIATRICS, ALLERGY, ENVIRONMENTAL ASSESSMENT, PULMONARY, NURSING AND ASTHMA EDUCATION SPECIALISTS

## WHY IMPACT ASTHMA ECHO?

Asthma is a major cause of morbidity and disability among children, with 29,616 emergency room (ER) visits and 6,525 hospitalizations across Missouri in 2013 (asthma as principal diagnosis), resulting in \$103.2 million in hospital charges. More than 30 percent of preschoolers and nearly 49 percent of school-age children with asthma missed one or more days of day care or school because of asthma. Connecting with the Impact Asthma ECHO team supports better quality care, lower asthma risk and reduced health care costs.

# WHAT DOES IMPACT ASTHMA ECHO OFFER?

- Free CME for health care professionals\*
- Collaboration, support and ongoing learning with experts and peers
- Patients get better care in home community

Missouri Telehealth Network

University of Missouri Health

## HOW DOES IT WORK?

- Join an online lunch hour video conference
- Discuss and share:
  clinical case presentations
- a brief educational presentation by an expert in asthma

\*See website for CME information

#### TOPICS FOR CASE-BASED LEARNING AND DISCUSSION INCLUDE:

- Applying EPR3 guidelines
- Asthma risk panel reports
- Assessing and improving inhalation technique
- Assessing and managing environmental triggers
- Assessing "exercise-induced asthma"
- Engaging community partners
- Environmental assessments
- Managing asthma exacerbations
- Measuring and interpreting airflow
- Reimbursable preventive services
- Using validated impairment scales

#### MEET OUR TEAM





Ben Francisco, PhD, PNP, AE-C Associate Professor, Pulmonary Medicine and Allergy University of Missouri

Bernie Eskridge, MD Pediatrician Asthma Champion (NEEF) University of Missouri



Tammy Rood, PNP, AE-C Lead Trainer, Missouri School Asthma Services



John Kraemer, PhD Professor, Environmental Science Southeast Missouri State University



#### READY TO JOIN? Visit showmeecho.com



#### **TO LEARN MORE:**

Missouri Telehealth Network (877) 882-9933 showmeecho@health.missouri.edu showmeecho.com



Paul Foreman, PhD Project Director, Asthma Ready Communities



Sherri Homan, FNP, PhD Public Health Epidemiologist Missouri Department of Health and Senior Services



Dave Zellmer, Health Literacy Expert, University of Missouri.



Claudia Preuschoff, MD, FAAP, Missouri Asthma Champion, American Academy of Pediatrics



Melissa Penkalski, DNP, PNP, AE-C Clinical Assistant Professor, Nursing Missouri State University



John Spivey, MD Pediatric Pulmonologist Mercy Hospital St. Louis