# TRUSH UNIVERSITY



# What should I know about Hepatitis B?



## Susanne Shokoohi, MD

Fellow in Gastroenterology and Hepatology Division of Digestive Diseases Rush University Medical Center, Chicago, IL

#### What is it and why is it important?

- •A viral infection that can cause liver inflammation, liver scarring (cirrhosis), liver cancer and liver failure.
- •Up to 65% of infected individuals are not aware of their infection.
- •30-40% of people with chronic (long lasting) infection will develop cirrhosis or cancer.
- •Chronic infection occurs in 95% of infected infants but only 5% of infected adults.

# What are the symptoms?

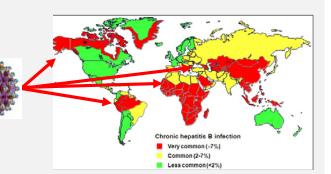
- •Most chronically infected people have no symptoms at all until they develop symptoms of liver failure.
- •Initial infection can sometimes be associated with fever, fatigue, nausea, abdominal pain, yellow eyes and skin, dark urine.

#### **Disease Burden:**

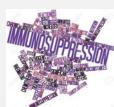
- •240 million people have hepatitis B worldwide.
- •Hepatitis B causes nearly 800,000 deaths per year.
- •~19,000 people newly infected every year in the U.S.
- •~850,000-2.2 million people in the U.S. are chronically infected with hepatitis B

#### Risk Factors: You should be tested if:

You or your parents were born in areas where hepatitis B is common.



Your immune system is impaired (due to medicine or disease).



You are pregnant.



You have been exposed to hepatitis B tainted blood or bodily fluids (sexual, needles, transfusion, work exposure).

You live with someone who has Hepatitis B.



How can you prevent infection?



Vaccinated!

# How do I know if I have Hepatitis B?

- •Simple blood tests can tell if you've been vaccinated, exposed or have a current infection.
- •Exposure to hepatitis B does not mean you are infected, your doctor will need to confirm the presence of the actual virus in your blood.

## Is there a treatment for Hepatitis B?

- •Not all individuals with hepatitis B need therapy.
- •Some people with hepatitis B need to be screened for cancer even if they don't need treatment.
- •There is no cure for hepatitis B, but well tolerated oral medications can suppress the virus.
- •Treatment of hepatitis B can reduce the risk of liver cancer, cirrhosis, and other disease complications.
- •Treatment is often life long, so your liver doctor can help you decide if treatment is right for you.

#### Anything new on the horizon?

•Active ongoing research to find a cure so stay tuned!

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