

June

Prevention

Physical Screenings



Physicians will check vital signs such as blood pressure and heart rate.

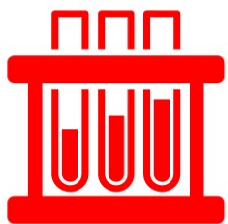


Visual and physical exams are often included.

Screening tests for women can include a mammogram, breast exam, pap smear, or pelvic exam.



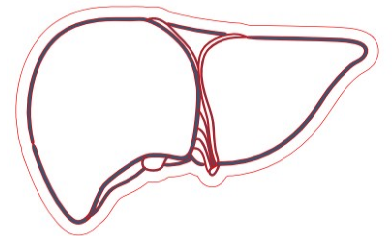
Screening tests for men can include a cholesterol test, prostate cancer screening, or testicular exam.



Depression, diabetes, cholesterol, and STI screenings are common aspects of physical exams.

Prevention And Your Liver

Laboratory tests for liver function can be used as an indication of liver health.



Abdominal examinations can be used to screen for liver abnormalities.



Doctor's Tip

Routine physical exams are important to maintain and develop a regular schedule to see a physician who then has the ability to screen for early diagnosis of chronic medical conditions. - Dr. Pranab Barman, Northwestern University



Get Fit is a campaign provided by the American Liver Foundation, Great Lakes Division. Learn more by visiting us at <http://www.LiverFoundation.org/GreatLakes>