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## Heartland Division Newsletter Winter 2017

**Happy 2017!** We wrapped up the fall and kicked off winter by hosting our annual Flavors of Northeast Ohio, coordinated a free educational Ask the Experts seminar on pediatric liver disease for patients and their families, screened 75 community members for Hepatitis C with our testing partner University Hospitals at the WKYC TV-3 Health and Wellness Expo, and welcomed our supporters into the division office at our Holiday Party. Our staff also took home four awards at the national ALF Leadership staff conference in January to recognize our work in 2016. We couldn't have done that without you! Read more below about these events and programs, and upcoming ways that you can support the ALF.

**Flavors of Northeast Ohio:** We held the 12th annual event in Cleveland on October 17th, and it was the biggest and best yet! We had 18 area chefs preparing a five-course, wine-paired meal tableside. Guests enjoyed auctions and raffles, and had the chance to hear from our LIVER Champion, Traci Tigie, during our fund-the-mission. **We were able to raise more than \$120,000 for the ALF.** You can view photos from the event [here](#). The date has been set for our 2017 event, and we hope you'll join us in Cleveland on **October 30th!**

**Liver Life Walk:** Walk to end liver disease by joining us at one of the division's **Liver Life Walk** events in 2017. Make a difference, one step at a time.

**Liver Life Walk Cleveland-** Sunday, May 21st at the Cleveland Metroparks Zoo

**Liver Life Walk Cincinnati-** Saturday, June 17th at Sawyer Point

**Liver Life Walk Indianapolis-** Saturday, August 12th at Museum Lawn at White River State Park

Find your Liver Life Walk event at [www.liverlifewalk.org](http://www.liverlifewalk.org).

**Education:** We are hosting a free Ask the Experts patient education program on **Wednesday, April 26th** from 6:00 p.m. - 9:00 p.m. at the Holiday Inn in Independence, Ohio. Learn from a panel of experts about Liver Wellness, Autoimmune Liver Diseases, Current Treatments/Cures, and Liver Transplants. The program is open to patients, caregivers, and healthcare professionals. **Registration is required.** Please contact [pzangara@liverfoundation.org](mailto:pzangara@liverfoundation.org) or 317-635-5074 with questions.


**PBC Educational/Support Group:** The ALF will be coordinating and hosting a new educational and support group for patients living with Primary Biliary Cholangitis (PBC) in Northeast Ohio. The meeting is also open to caregivers. If you are interested in learning more, please contact Pam at [pzangara@liverfoundation.org](mailto:pzangara@liverfoundation.org). **The first meeting is scheduled for March 8th** at 6:00pm at the ALF Office in Independence, Ohio. The group will meet bi-monthly. They are free and open to anyone, and refreshments will be provided.

**Dine for a Cause:** If you live in the Greater Cleveland area, please consider dining at **Johnny Mango's** in Ohio City on **Monday, March 6th** between 11:00 a.m. - 11:00 p.m. If you present the flier below, 20% of your check will be donated to

the ALF. Dine for a cause!

Present this flyer to your Johnny Mango server on Monday **March 6<sup>th</sup>** from 11 am – 11 pm and 20% of your purchases will benefit

**The American Liver Foundation**



Valid at 3120 Bridge Avenue  
Ohio City  
216.575.1919

**www.jmango.com**

Flyer distribution on Johnny Mango property is prohibited and will result in the forfeiture of your organization's entire donation

We hope to see you at an upcoming 2017 event or program in our division!

- **The Heartland Division Staff**
- Katrina Homer, Executive Director*
- Colleen Slattery, Event Coordinator*
- Pam Zangara, Administrative and Development Assistant*

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