



Heartland Division Newsletter Winter 2015

Happy Holidays from all of us at the American Liver Foundation- Heartland Division! 2015 was quite a year for us, and we could not have had the success that we did without your support. We hosted three Liver Life Walk events, held our 11th annual Flavors of Northeast Ohio gala, took a Liver Life Challenge team to the Rite Aid Cleveland Marathon, provided patient support services through our HelpLine and website, educated 6,990 individuals through our core education programs and division-specific custom programs, and moved our staff to a new office in Independence, Ohio.

It was a noteworthy year for our Division, but we have even bigger plans for 2016. **We ask that you please consider making an end-of-the-year donation to the American Liver Foundation**, to support our work in the community in 2016. You can [donate online here](#). Thank you.

Liver Life Walk Updates:

Indianapolis- We brought back the Liver Life Walk Indianapolis in 2015, and welcomed 282 walkers on August 15th at White River State Park. We were able to raise more than \$27,000 for the American Liver Foundation, and it was wonderful to be back in the community. Our tentative 2016 event date is Saturday, August 13th. More information coming soon.

Cleveland- Our 2016 walk date will be Sunday, May 22nd at the Cleveland Metroparks Zoo. [Online registration is now open!](#)

Cincinnati- The date has been set for the 7th Annual Liver Life Walk in Cincinnati at Sawyer Point for Saturday, June 18th. [Online registration is now open!](#)

Flavors of Northeast Ohio Event Recap:

Our 11th Annual Flavors of Northeast Ohio gala was held on Monday, September 28th in Independence, Ohio. 207 guests enjoyed a five-course, wine-paired meal prepared tableside by one of the area's best chefs. We held amazing auctions and raffles that evening, heard from our LIVER Champion, and were able to raise more than \$73,000 for the American Liver Foundation. View our event images on [Facebook](#).

New in 2016:

Patient Education Program- On March 24, 2016, the Heartland Division will be hosting an "Ask the Experts" education program designed for liver patients and their caregivers in Independence, Ohio. Our expert panel of speakers will touch on Liver Wellness, Hep C, Fatty Liver Disease, and Cirrhosis. Online registration will open shortly.

Liver Life Challenge- Nationally, we will be forming a Liver Life Challenge team for the 2016 Transplant Games of

America that will be held in Cleveland, Ohio on June 10th - 15th. The team will be open to anyone participating in an event held during the Games. The 5k race is open to the public. Online registration to join the team will open shortly.

LIVER Champion Nominations:

For each of our signature events in 2016, we will honor one patient as our LIVER Champion. For more information on how to volunteer yourself or nominate a loved one, please [visit our website](#).

Again, thank you for your interest in and support of the American Liver Foundation- Heartland Division in 2015. Please remember us as you consider your [end-of-the-year giving](#) this holiday season. We have exciting things planned for the upcoming year, and we look forward to serving the community and supporting everyone affected by liver disease in the Heartland Division. Best wishes to you and yours.

- Heartland Division Staff