



## Heartland Division Newsletter

**Happy Holidays** to you and yours from the Heartland Division. We've just started our new fiscal year in October, and we had an exciting summer and early fall, with many successful events and programs.

### **Flavors of Northeast Ohio**

204 guests joined us on September 23rd in Independence, Ohio for our annual Flavors of Northeast Ohio gala. 17 of our area's best chefs dazzled our guests with a five-course, wine-paired meal that they each prepared tableside. We hosted a fantastic auction, wine pull raffle, and heard from our LIVER Champion, Navin Vij M.D. The event raised \$68,400 for the American Liver Foundation! Thank you to all of our sponsors, chefs, attendees, and volunteers that helped make this event possible. View photos from the event [here](#).

### **New Face in the Division**

The Heartland Division would like to formally welcome our new Event Coordinator, **Lauren Malone!** Lauren is located in Cleveland, OH, and brings her experience in special events and advertising to the American Liver Foundation. Lauren will be working on our Liver Life Walk events, Flavors, Liver Life Challenge, and programming. Please help us welcome Lauren to the team! She can be reached at [lmalone@liverfoundation.org](mailto:lmalone@liverfoundation.org) or at (216)-609-3288.

### **HE 123**

Visit the [new website](#), dedicated to providing resources for patients and their families affected by Hepatic Encephalopathy (or HE for short). This resource center was created to provide information and support to those affected by HE and for those caring for loved ones with HE.

### **Liver Life Challenge- Rite Aid Cleveland Marathon**

We will be adding a Liver Life Challenge program for 2014! We are currently recruiting runners and walkers to participate in the Rite Aid Cleveland Marathon weekend, taking place May 17th and 18th. Race options available are: 5k, 10k, Half Marathon, Full Marathon. Please contact [kmarshall@liverfoundation.org](mailto:kmarshall@liverfoundation.org) for program benefits and fundraising requirements. More information is available at [www.liverfoundation.org/clevelandmarathon](http://www.liverfoundation.org/clevelandmarathon). Sign up today, and start training with us in February!

## December 2013- Division Newsletter

### Liver Life Walk 2014 Events

Save the date! Our 2014 walk dates have been confirmed. Join us on **Sunday, June 1st** at the Cleveland Metroparks Zoo for the Liver Life Walk Cleveland. Come walk with us at Sawyer Point on **Saturday, June 21st** for the Liver Life Walk Cincinnati event. Online registration is now open, so start recruiting your team members and begin fundraising!

Cleveland- [www.liverfoundation.org/walkcleveland](http://www.liverfoundation.org/walkcleveland)

Cincinnati- [www.liverfoundation.org/walkcincinnati](http://www.liverfoundation.org/walkcincinnati)

Interested in nominating yourself or a loved one to act as our 2014 LIVEr Champion? Contact [lmalone@liverfoundation.org](mailto:lmalone@liverfoundation.org) for an application.

### Stay in Touch

For more information, please visit

[www.liverfoundation.org/chapters/heartland](http://www.liverfoundation.org/chapters/heartland). Stay updated on Heartland Division news and events by following us on [Facebook](#) and [Twitter](#)!

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