



Heartland Division Newsletter

It has been a busy spring in our Division! We have wrapped up another successful event season in Heartland. Thank you to all walkers and donors that supported our Cleveland and Cincinnati Liver Life Walk events. We have several great pieces of news to share with you this quarter.

Liver Life Walks

The **Liver Life Walk Cleveland** was held on Sunday, June 1st at the Cleveland Metroparks Zoo. Together, our **59 teams** and **1,255 walkers** raised **\$88,603** for the American Liver Foundation. While we didn't quite hit our goal of raising \$96,200, it was another great year for the event.

Our **Liver Life Walk Cincinnati** event celebrated its fifth anniversary on Saturday, July 21st at Sawyer Point. We had a record year, raising **\$50,729** with **36 teams** and **549 walkers!** We surpassed our goal of raising \$35,560 for the organization. All walkers are encouraged to join us at the free **Wrap-up Celebration on Thursday, July 31st** at 6:00PM at GameWorks at Newport on the Levee.

You can view photographs from both events on our [Liver Life Walk-Heartland Events](#) Facebook page.

Liver Life Challenge

We would like to recognize and thank our 2014 **Liver Life Challenge Rite Aid Cleveland Marathon** team. Our six runners participated in Race Weekend May 17th and 18th. We had a great time training with them and cheering them on during the races, and together they raised \$6,646 for the American Liver Foundation.

We will be forming a team for the 2015 Rite Aid Cleveland Marathon, and adding a Liver Life Challenge team for the 2015 Cincinnati Flying Pig Marathon! If you are a runner, or walker, interested in learning more about the program, please contact Katrina at kmarshall@liverfoundation.org.

HE 123 Webinar Series

The American Liver Foundation invites you to participate in **HE: Ask the Experts**, the fourth in a series of live webinars on hepatic encephalopathy (HE) to be held **Wednesday, July 30, 2014** at 12:00 PM Eastern Time.

HE is most often seen in people with chronic liver disease. It's a major complication of cirrhosis - whether caused by viral hepatitis, fatty liver disease or long-term alcohol use. Learn more about this complicated

condition from an interdisciplinary panel of experts from Duke University Medical Center Liver Transplant Program. Gain access to this team of healthcare professionals who have decades of experience managing liver disease and get answers to your most pressing questions and concerns. All participants will have an opportunity to submit a question for the panel when registering for the program.

To register, [click here](#).

ALF DAYS at Progressive Field

We have partnered with the Cleveland Indians to host two ALF DAYS at Progressive Field in August. \$10 from every ticket purchased through <http://tinyurl.com/k4am523> and using code "BASEBALL" will be donated to the American Liver Foundation. You must use this link and code.

Join us on **Sunday, August 3rd** as the Indians take on the Texas Rangers at 1:05PM, or on **Friday, August 22nd** as the Indians take on the Houston Astros at 7:05PM.

Flavors of Northeast Ohio

Tickets and sponsorships are now available for our annual Flavors of Northeast Ohio gala. The event will take place on **Monday, September 29th** at the Holiday Inn in Independence, Ohio.

Area chefs will donate their time and talent to prepare a five-course, wine-paired meal tableside for each table of 12 guests. The event also includes a cocktail hour, silent and live auction, wine pull raffle, and more. Guests will have the chance to hear from our LIVER Champion, and to contribute to our fund-the-mission.

Individual tickets are \$225, a Table Sponsorship is \$3,000 (includes 12 tickets and additional benefits), and higher sponsorships are still available. Please visit www.liverfoundation.org/flavorsofnortheastohio for more information.

Volunteers Needed

The Heartland Division is seeking volunteers to be trained to assist with our public education goals. We have core programs, like our youth education program "Love Your Liver" and our adult education program "Liver Wellness" that we would like to bring to your community. Volunteers must attend a three-hour training with our national staff, and work with Division staff to present these programs in your area. Please contact Lauren at lmalone@liverfoundation.org for more information.

Stay in Touch

For more information, please visit www.liverfoundation.org/chapters/heartland. Stay updated on Heartland Division news and events by following us on [Facebook](#) and [Twitter](#)!

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