



## Heartland Division Newsletter March 2013

**Happy Spring** from the Heartland Division of the American Liver Foundation! We have several exciting things to share with you as we look ahead to the warmer months.

### **Online Support Community**

**Join the American Liver Foundation's online support community on Inspire!** Connect with other patients with liver disease and their families to share experiences, information and support.

<http://www.inspire.com/groups/american-liver-foundation>

### **Liver Life Walks**

The Heartland Division's spring walks are coming up, and we hope that you will join us in Cleveland or Cincinnati as we are "*Moving Forward...to a future free of liver disease.*"

Sunday, May 19, 2013- [Liver Life Walk Cleveland](#)

Sunday, June 2, 2013- [Liver Life Walk Cincinnati](#)

Registration is **open** for both events! Sign up today using the links above. *Already signed up?* Begin recruiting walkers and start fundraising! Every walker matters. Every dollar matters.

Join us at an upcoming **Bank Day** to register in-person, drop off donations, and meet with staff and other walkers. Check the *Local Calendar* section of the walk websites for more information on dates and locations.

**Thank you to our corporate sponsors of these events:** Cleveland Clinic, University Hospitals, UC Health- University Hospital, North Shore Gastroenterology and Endoscopy Center, Genentech, Cincinnati Children's Hospital, and Profile Grinding Inc. *Sponsorship opportunities are still available.*

### **Hep C Online Support**

Visit our updated micro-site, providing information for Hepatitis C Diagnosis, Treatment, and Support. <http://hepc.liverfoundation.org>

**Stay in Touch**

For more information, please visit

[www.liverfoundation.org/chapters/heartland](http://www.liverfoundation.org/chapters/heartland). Stay updated on Heartland Division news and events by following us on [Facebook](#) and [Twitter](#).

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