

# ARE YOU AT RISK FOR LIVER CANCER? LEARN THE FACTS.



# Liver cancer may be talked about less than

other cancers, but it is one of the most common types of cancer in many countries.

### **WORLDWIDE:**

700,000+ people are diagnosed

with liver cancer each year

600,000+ people die from liver cancer each year

# RISK FACTORS

Signs and symptoms of liver cancer often do not appear until the disease has advanced so it's important to be aware of the risk factors, some of which include:



### **GENDER**

The lifetime risk for developing liver cancer for an average man: 1 in 76 for an average woman: 1 in 185



Long-term infection with the hepatitis B or C virus represents the most common risk factor worldwide



of liver cancer

Type 2 diabetes has been linked with an increased risk

In the U.S., Asian Americans and Pacific Islanders have the highest liver cancer rates, followed by American Indians/ Alaska Natives and Hispanic Americans, African Americans, and white Americans



## **HEAVY ALCOHOL USE**

Alcohol abuse is a leading cause of cirrhosis in the U.S., which in turn is linked with an increased risk of liver cancer

> **OBESITY** Obesity increases the risk of developing liver cancer



# ANABOLIC

Long-term use of anabolic steroids, or male hormones, can slightly increase the risk for liver cancer



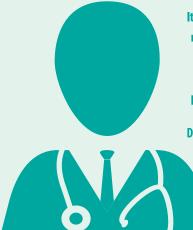
## SYMPTOMS

Signs and symptoms of liver cancer often do not appear until the disease progresses.

Symptoms to look out for include:

- Loss of appetite, feeling of fullness or weight loss
  - Pain in the abdomen or near the right shoulder blade
    - Nausea or vomiting
      - Yellowing of the skin
        - Swollen abdomen
          - Itchv skin
        - **Enlarged spleen**

## **SCREENING & EARLY DIAGNOSIS**



It's important to be aware of the risk factors and discuss them with a doctor so screening tests can be included in regular physical exams, as needed

**Diagnosing liver cancer early** is key, as a patient's chance of survival nearly doubles if the disease is caught early



TO LEARN MORE ABOUT LIVER CANCER AND YOUR RISK, TALK TO YOUR DOCTOR AND VISIT





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