

ARE YOU AT RISK FOR LIVER CANCER? LEARN THE FACTS.

IN THE U.S.

liver cancer claims approximately 30,000 lives per year, or more than 79 Americans each day • This disease has been slowly but steadily rising for several decades in the U.S., despite progress in cancer research and the development of new treatments • In 2018, it is estimated that more than 42,000 new cases of liver cancer will be diagnosed in the U.S.

GLOBAL IMPACT

Liver cancer may be talked about less than other cancers, but it is one of the most common types of cancer in many countries.

WORLDWIDE:

700,000+ people are diagnosed with liver cancer each year
600,000+ people die from liver cancer each year

RISK FACTORS

Signs and symptoms of liver cancer often do not appear until the disease has advanced so it's important to be aware of the risk factors, some of which include:

GENDER

The lifetime risk for developing liver cancer for an average man: 1 in 76
for an average woman: 1 in 185

CHRONIC VIRAL HEPATITIS

Long-term infection with the hepatitis B or C virus represents the most common risk factor worldwide

TYPE 2 DIABETES



Type 2 diabetes has been linked with an increased risk of liver cancer

In the U.S., Asian Americans and Pacific Islanders have the highest liver cancer rates, followed by American Indians/ Alaska Natives and Hispanic Americans, African Americans, and white Americans

HEAVY ALCOHOL USE

Alcohol abuse is a leading cause of cirrhosis in the U.S., which in turn is linked with an increased risk of liver cancer

OBESITY

Obesity increases the risk of developing liver cancer

ANABOLIC STEROID USE

Long-term use of anabolic steroids, or male hormones, can slightly increase the risk for liver cancer

RACE ETHNICITY

SYMPTOMS

Signs and symptoms of liver cancer often do not appear until the disease progresses.

Symptoms to look out for include:

- Loss of appetite, feeling of fullness or weight loss
- Pain in the abdomen or near the right shoulder blade
- Nausea or vomiting
- Yellowing of the skin
 - Swollen abdomen
 - Itchy skin
- Enlarged spleen

SCREENING & EARLY DIAGNOSIS

It's important to be aware of the risk factors and discuss them with a doctor so screening tests can be included in regular physical exams, as needed

Diagnosing liver cancer early is key, as a patient's chance of survival nearly doubles if the disease is caught early



TO LEARN MORE ABOUT LIVER CANCER AND YOUR RISK, TALK TO YOUR DOCTOR AND VISIT

[WWW.LIVERFOUNDATION.ORG /LIVERCANCER](http://WWW.LIVERFOUNDATION.ORG/LIVERCANCER)

